




*Nurses Organization  
of Veterans Affairs*

*Regional Meeting  
March 20, 2010*

**"Holistic Health Care & Innovations"**



**The Ritz-Carlton  
2401 East Camelback Road  
Phoenix, Arizona**

# NOVA REGIONAL MEETING

**Saturday, March 20, 2010**

**The Ritz-Carlton - Salon 3  
2401 East Camelback Road  
Phoenix, Arizona**

*“Holistic Health Care & Innovations”*

## PROGRAM SCHEDULE

7:30am – 8:00am	<b>Registration</b>
8:00am – 8:15am	<b>Welcome</b>  Cynthia McCormack, PhD, RN, Associate Director, Patient Care Services, Phoenix VA Healthcare System
8:15am – 8:45am	<b>“VA Nurse Emeritus &amp; Soldiers’ Angels”</b>  Mary Raymer, PhD, RN, Faculty, Capella University, Chairperson, VA Nurse Emeritus
8:45am – 9:45am	<b>“Healing, Connecting &amp; Finding Our Strengths “</b>  Betty Merritt, CHTP, Founder & Director, Merritt Center
9:45am – 10:00am	<b>Break</b>
10:00am – 11:00am	<b>“Using Acupuncture to Treat Behavioral &amp; Mental Health Conditions”</b>  Craig Amrine, L.Ac., Owner, Hidden Rhythm Acupuncture

11:00am - 11:45am	<b>"Technological Innovations"</b>  Gregg Gordon, MS, RN, Clinical Application Coordinator, Phoenix VA Health Care System
11:45am - 12:45pm	<b>Luncheon</b>
1:00pm - 2:00pm	<b>"The Benefits of Hot &amp; Cold Stone Therapy"</b>  Mary D. Nelson, LMT, MLSTI, RM, Founder, LaStone Therapy, Inc.
2:00pm - 3:00pm	<b>"Chiropractic Practice: Dealing With Burn Out, Behavioral and Mental Health"</b>  Henning Handberg, DC
3:00pm - 3:15pm	<b>Break</b>
3:15pm - 4:15pm	<b>"American Indian Traditional Philosophy &amp; Its Application to Nursing Practice"</b>  Yvonne Garcia, RN, BSN, Retired VA Nurse, Standing Woman Consulting
4:15pm - 4:30pm	<b>Wrap Up &amp; Evaluation</b>

**Attendees Will Earn 6.5 CEUs.**

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The Ritz-Carlton - Salon 3  
2401 East Camelback Road - Phoenix, Arizona

*"Holistic Health Care & Innovations"*

## REGISTRATION FORM

\_\_\_\_\_  
FULL NAME NICKNAME FOR BADGE

\_\_\_\_\_  
VA FACILITY EMAIL ADDRESS

\_\_\_\_\_  
HOME ADDRESS CITY STATE ZIP

\_\_\_\_\_  
DAYTIME PHONE FAX NUMBER

- |   |        |
|---|--------|
| <input type="checkbox"/> NOVA Member Registration     | \$ 85  |
| <input type="checkbox"/> NOVA Retired Member          | \$ 70  |
| <input type="checkbox"/> Non-Member Registration      | \$ 100 |
| <input type="checkbox"/> Non-Licensed Nursing Student | \$ 45  |

### METHOD OF PAYMENT

- Check Enclosed (Made Payable to NOVA)  
 Credit Card \_\_\_\_\_ VISA \_\_\_\_\_ MasterCard

Credit Card Number \_\_\_\_\_ Expiration Date \_\_\_\_\_

Signature \_\_\_\_\_

*Please Mail To NOVA:*  
47595 Watkins Island Square, Sterling, VA 20165  
Email To [sdove@vanurse.org](mailto:sdove@vanurse.org) Or Fax To 703-444-5597

Cancellations must be in writing. There will be no refunds after 2/26/10.  
A \$25 processing fee will be charged for cancellations.

## **HOTEL RESERVATIONS**

NOVA has reserved a small block of sleeping rooms at

The Ritz Carlton  
2401 East Camelback Road  
Phoenix, Arizona

for attendees who may wish to arrive the night before the meeting or stay after the meeting concludes. Please call the Hotel at 1-800-241-3333 and be sure to mention you are with NOVA to receive NOVA's special rate of \$159.00 per night, single or double occupancy.

**NOTE: The cut-off date for room reservations is  
February 27, 2010!**

Reservation requests received by the Hotel after February 27 will be on an availability basis at the group rate of \$159.00.

## **AIRPORT & GROUND TRANSPORTATION**

If you are traveling by air to the meeting, The Ritz-Carlton is just minutes from the Phoenix Sky Harbor International Airport .

Taxis are available at the Airport.

A one-way trip will cost approximately \$15.00.

Driving directions can be found at [www.ritzcarlton.com/hotels/phoenix](http://www.ritzcarlton.com/hotels/phoenix).

## **QUESTIONS?**

Call NOVA at 703-444-5597 or email Susan Dove at [sdove@vanurse.org](mailto:sdove@vanurse.org).