Nurses:

DARE

MIGHTY

THINGS

NOVA 37th Annual Meeting

MAY 17 - 20, 2017 | Embassy Suites Downtown Hotel | Louisville, KY
WHY ATTEND?
JOIN US FOR NOVA’S 37TH ANNUAL MEETING!

Earn 13.5 CEUs.

Hear presentations from VA nurses, national nursing organizations, the Department of Veterans Affairs, and other healthcare professionals on the future of nursing, and how VA nurses Dare Mighty Things in their everyday lives.

Take advantage of NOVA’s special hotel rate at the new Embassy Suites Downtown Hotel in Louisville, Kentucky.

Attend for the FUN of it!

HAVE QUESTIONS?
REGISTRATION:
Erika Beach
Coordinator of Member Services & Special Projects
ebeach@vanurse.org / 703-444-5587

SESSION SPEAKERS, OPTIONAL EVENTS POSTERS AND OTHER GENERAL INQUIRIES:
Luke Zorich, Director of Education & Meetings
lzorich@vanurse.org / 703-444-5587

AWARDS / EXHIBITS:
Susan Dove, Executive Director
sdove@vanurse.org / 703-444-5587

* NOVA will take photos of attendees throughout the conference. These photos are for NOVA use only and may appear on the NOVA website, newsletter, conference brochures, social media outlets, or other future NOVA promotional material. By virtue of your attendance, you agree to usage of your likeness in such media.
The Nurses Organization of Veterans Affairs (NOVA) is accredited with distinction as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. In order to receive full contact hour credit for this continuing nursing education activity, you must attend, at minimum, 90% of scheduled learning activities, participate in individual or group learning activities as required, and complete an evaluation.

A conflict of interest exists when an individual is in a position to control or influence the content of an educational activity and has a financial relationship with a commercial interest, the products or services of which are pertinent to the content of the educational activity. There are currently no conflicts of interest for any of the individuals participating in the planning of this activity, subject matter experts, or speakers who have disclosed no relevant financial, professional, or personal relationship with any commercial companies pertaining to this activity. If any potential conflicts of interest develop, they will be identified.

Names of sponsors and/or exhibitors providing commercial support for this program will be identified before the program begins. The Nurses Organization of Veterans Affairs’ accredited provider status refers only to continuing nursing education activities and does not imply that there is real or implied endorsement of any product, service, or company referred to in this activity nor of any company subsidizing costs related to the activity.
**WEDNESDAY MAY 17**

- All Day NOVA Board Meeting (Open to NOVA Board Members Only)
- 3:30pm - 6:30pm Registration Open

**THURSDAY MAY 18**

- 3:00pm - 3:30pm Refreshment Break With Exhibitors
- 3:30pm - 4:30pm The Future for APRNs in the VA
- 5:00pm - 6:00pm Welcome Reception

**FRIDAY MAY 19**

- 3:30pm - 4:00pm Exhibits
- 4:00pm - 5:00pm Combat-related Post Traumatic Stress - Survivor Guilt in the 21st Century
- 5:30pm - 7:30pm President’s Reception
- Evening Enjoy “4th Street Live!”

**SATURDAY MAY 20**

- 9:00am - 10:00am Seven Steps to Managing Your Memory: What’s Normal, What’s Not, and What to Do About It.
- 10:00am - 11:00am Be a Powerful Advocate for Nursing and Veteran Patients
- 11:00am - 11:15am Refreshment Break
- 11:15am - 12:30pm An Update From ONS Leadership
- 12:30pm - 12:35pm Wrap-Up and Evaluation
- 1:00pm - 6:00pm SPECIAL OPTIONAL EVENT Lunch & Afternoon at Churchill Downs

(Not included in Annual Meeting registration fee - see registration form.)
**WEDNESDAY May 17, 2017**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>2:00pm - 5:00pm</td>
<td>NOVA BOARD MEETING (Open to NOVA Board Members Only)</td>
</tr>
<tr>
<td>3:30pm - 6:30pm</td>
<td>REGISTRATION</td>
</tr>
</tbody>
</table>

**THURSDAY May 18, 2017**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00am - 5:30pm</td>
<td>REGISTRATION</td>
</tr>
<tr>
<td>7:30am - 8:30am</td>
<td>COFFEE WITH EXHIBITORS</td>
</tr>
<tr>
<td>8:30am - 9:00am</td>
<td>OPENING CEREMONIES</td>
</tr>
</tbody>
</table>

**WELCOME BY PROGRAM CHAIRS**

- **RONALD NARDI**, PMHCNS-BC, APRN  
  APRN, PTSD Team, VA Connecticut Health Care System
- **TARYN-JANAE WILCOX-OLSON**, MHS, RN  
  Patient Safety Manager, VA Black Hills Health Care System
8:30am - 9:00am  
OPENING CEREMONIES CONTINUED

PRESENTATION OF COLORS
123rd AIRLIFT WING  
Kentucky Air National Guard

NATIONAL ANTHEM
HEATHER FRENCH HENRY  
Deputy Commissioner, Kentucky Department of Veterans Affairs

A MOMENT OF SILENCE FOR LOST FRIENDS

OPENING REMARKS BY NOVA PRESIDENT
SHARON A. JOHNSON, MSN, RN  
Program Manager, Patient Flow, VA Maryland Health Care System

9:00am - 10:00am  
KEYNOTE ADDRESS: DARE MIGHTY THINGS

INTRODUCTION:
SHARON A. JOHNSON, MSN, RN  
Program Manager, Patient Flow, VA Maryland Health Care System

SPEAKER:
TORI MCCLURE, M.Div, JD, MFA  
President, Spalding University

This presentation focuses on failure and recovery. It is about the storms that twist our lives and shatter our dreams, and the guides, guardians and mentors who lift us up after we fall. As the first woman to row a boat alone across an ocean, Tori McClure’s presentation will truly highlight the perseverance of those who dare mighty things.
10:00am - 11:00am

GENERAL SESSION: MANAGING PTSD THROUGH THE TRAINING AND USE OF MAN’S BEST FRIEND

SPEAKER:
SHELLY COTE
Founder, Head Trainer
Mutts Mending Military

This program aims to match rescue dogs with veterans to train as PTSD service dogs. Training classes are provided to the veteran, however, it is the veteran who is responsible for the training based on the needs of both the animal and the individual.

11:00am - 11:30am

REFRESHMENT BREAK WITH EXHIBITORS

11:30am - 12:30pm

GENERAL SESSION: REDUCING THE RECIDIVISM RATE OF HEART FAILURE IN THE VETERAN POPULATION

SPEAKER:
LOIS A. FREEMAN, DNP
Chair, APN Shared Governance Council
Lead Heart Failure Educator
VA Maryland Health Care System

This presentation will focus on heart failure and what healthcare providers can do to reduce the recidivism rate.
12:30pm - 2:00pm
LUNCH ON YOUR OWN

2:00pm - 3:00pm
GENERAL SESSION: RESEARCH & ANALYTICS

SPEAKER:
SHEILA COX SULLIVAN, PhD, RN, VHA-CM
Director, Research & Analytics, Office of Nursing Services
Department of Veterans Affairs

At the end of this presentation, the learner will be able to describe how VA nurses benefit from and participate in research, as well as discuss how VA nurses are accountable for unit level data.

3:00pm - 3:30pm
REFRESHMENT BREAK WITH EXHIBITORS

3:30pm - 4:30pm
GENERAL SESSION: THE FUTURE FOR APRNS IN THE VA

SPEAKER:
PENNY KAYE JENSEN, DNP, APRN, FAAN, FAANP
Liaison for National Veterans Affairs Policy
Office of Nursing Services, Department of Veterans Affairs

On December 13, 2016 the Department of Veterans Affairs issued a final rule regarding Advanced Practice Registered Nurses (APRNs) providing clinical care in the Veterans Health Administration (VHA). The rule grants three of the four APRN roles (nurse practitioners, certified nurse-midwives, and clinical nurse specialists) the ability to practice to the full extent of their education and training. This presentation will discuss the groundbreaking policy and the tremendous progress made by recognizing these three APRN roles, which underscores this monumental change in policy at the VA. This change will help meet many of the current demands facing the VHA’s ability to increase access to care.
5:00pm - 6:00pm

**WELCOME RECEPTION**

An opportunity to join colleagues – old and new – make new connections and catch up on old times – and celebrate 37 years of NOVA excellence!

---

**FRIDAY May 19, 2017**

7:30am - 5:30pm

**REGISTRATION**

8:00am - 9:00am

**COFFEE WITH EXHIBITORS**

9:00am - 10:00am

**GENERAL SESSION: GENOMICS: UTILIZING THE MILLION VETERAN PROJECT & OTHER DATA**

**SPEAKER:**

RONALD M. PRZYGODZKI, MD
Director, Genomic Medicine Implementation Program
Associate Director, Genomic Medicine
Office of Research and Development, Department of Veterans Affairs

This presentation will focus on how the Veterans Health Administration will use the DNA and health data from the Million Veteran Program, how VHA will apply the research based on MVP data, and whether this large-scale genomics effort will truly change the healthcare veterans receive.
10:00am - 11:00am
GENERAL SESSION: SHOWCASING THE POSITIVES OF THE VA

PANELISTS:
LOIS A. FREEMAN, DNP
Chair, APN Shared Governance Council
Lead Heart Failure Educator, VA Maryland Health Care System

ADDITIONAL PANELISTS TO BE ANNOUNCED

Attendees will learn about the current and innovative nursing practices presented by fellow colleagues who have seized this opportunity to share their clinical expertise and dedication to practice, research, achievements and projects.

11:00am - 11:30am
REFRESHMENT BREAK WITH EXHIBITORS

11:30am - 12:45pm
POSTER PRESENTATIONS

12:45 pm - 2:30 pm
AWARDS LUNCHEON

Join us to recognize the 2017 recipients of the Barbara Chambers Award, the Professional Nurse Award for Clinical Excellence, the Professional Nurse Award for Leadership, the Silver Star Chapter Award, and the Veterans Award. NOVA will also recognize the winners of the 2017 Member-Get- A-Member Campaign!
2:30pm - 3:30pm  
**GENERAL SESSION: NURSING, PALLIATIVE CARE & DEATH: A NATURAL PROGRESSION OF LIFE**

**SPEAKER:**  
VERONICA GORDON, MSN, RN  
Palliative Care Case Manager, Michael E. DeBakey VA Medical Center

As death approaches, the patient's symptoms often become more burdensome and therefore requires more aggressive palliation. The presenter will discuss the nurse's role in implementing the Quality of Life Model by addressing the Four Dimensions of Assessment and Care of patients to Improve End of Life Care.

3:30pm - 4:00pm  
**EXHIBITS**

4:00pm - 5:00pm  
**GENERAL SESSION: COMBAT-RELATED POST TRAUMATIC STRESS - SURVIVOR GUILT IN THE 21ST CENTURY**

**SPEAKER:**  
KATHLEEN LEHMANN, EdD(c), RN-BC, PMHN  
Evening Charge Nurse, Edith Nourse Rogers Memorial VA

The influx of immigrants and the integration of diverse populations have served to trigger Post Traumatic Stress in some veterans. Sudden and unavoidable local encounters with citizens of foreign combat deployments have precipitated rage and shame. This presentation will address adjunct therapies implemented to treat this new presentation of symptoms.

5:30pm - 7:30pm  
**PRESIDENT'S RECEPTION**

Attendees are invited to NOVA President Sharon A. Johnson's suite for a personal, one-on-one meet and greet in a relaxed, social environment.

Evening - Open for Individual Activities  
**ENJOY “4TH STREET LIVE!”**

As Louisville’s premier dining and entertainment destination located in the heart of downtown Louisville, 4th Street Live! boasts nearly 20 different venues varying in style, food, and price, hosting dogens of festivals, fitness classes, concerts, and premier events. 4th Street Live! offers something for everyone!
9:00am - 10:00am
GENERAL SESSION: SEVEN STEPS TO MANAGING YOUR MEMORY:
WHAT’S NORMAL, WHAT’S NOT, AND WHAT TO DO ABOUT IT

SPEAKER:
ANDREW E. BUDSON, MD
Associate Chief of Staff for Education
VA Boston Health Care System

With more than 41 million Americans over the age of 65 in the United States, the question becomes how much (or, perhaps, what type) of memory loss is to be expected as one gets older and what should trigger a visit to the doctor. Seven Steps to Managing Your Memory will address these key concerns and provide real-life examples of how to successfully manage age-related memory loss.

10:00am - 11:00am
GENERAL SESSION: BE A POWERFUL ADVOCATE FOR NURSING AND VETERAN PATIENTS

PANELISTS TO BE ANNOUNCED
Panelists will discuss how veterans and nurses can work together to advocate on behalf of VA healthcare – reminding Congress that VA offers “the best care in the world.”

11:00am - 11:15am
REFRESHMENT BREAK
11:15am - 12:30pm
GENERAL SESSION: AN UPDATE FROM ONS LEADERSHIP

SPEAKER:
LINDA MCCONNELL, MSN, RN, NEA-BC, FACHE
Chief Nursing Officer
Office of Nursing Services
Department of Veterans Affairs

12:30pm - 12:35pm
WRAP UP & EVALUATION

1:00pm - 6:00pm
LUNCH & AFTERNOON AT CHURCHILL DOWNS

See next page for exciting details!
This fabulous optional event will begin with a buffet-style lunch in the famous Millionaire’s Row and Skye Terrace dining rooms, providing scenic vantage points of the races from a tiered balcony overlooking the finish line, or via television monitors from the comfort of your table.

After lunch, the group will meet with a guide for a walking tour of the historic Churchill Downs Racetrack. Learn about past Derby winners and the rich history of this location, with great views of the racetrack, finish line, Winner’s Circle, and the iconic twin spires. Then take a stroll through the museum’s backyard paddock to meet the equine residents, while paying tribute to previous Kentucky Derby winners. We will cap off the guided tour with a viewing of “The Greatest Race,” an immersive sound and visual experience in the newly updated, 360 degree 4K Ultra HD theater.

After viewing “The Greatest Race,” you will have some free time to enjoy a few different options. One of the great traditions of the Kentucky Derby, besides the mint juleps, is the festive and elaborate hats! You will have the option of creating your very own, personally designed Kentucky Derby hat. The hat, ribbons, bows, flowers, and fanfare will be provided – YOU provide the personal touch.

If hat making is not your style, May 20th happens to be the date of the second leg of Horseracing’s Triple Crown, The Preakness. While this race will take place in Baltimore, Maryland, it is a huge day for horseracing across the country, including at Churchill Downs. As a result, there will be live racing throughout the day, so feel free to try your hand at placing a wager, or simply enjoy the races in Millionaire’s Row, or railside.

And don’t forget to check out the Kentucky Derby Museum, with access to two floors and over 10,000 square feet of interactive permanent and temporary exhibits. Take a journey from the birth of the foal to the winner’s circle, and find yourself immersed in the next best thing to actually being at the Derby!
EMBASSY SUITES LOUISVILLE DOWNTOWN
501 South Fourth Street, Louisville, Kentucky 40202

A historic building with a contemporary, boutique-like ambiance, Embassy Suites Louisville Downtown boasts a fantastic location next to the Fourth Street Live! Entertainment District. This all-suite hotel is also just blocks from the KFC Yum! Center, Museum Row, the Kentucky Center for Arts, and the Muhammad Ali Museum.

Settle into a beautifully designed suite and feel at home with a separate sitting area, large flat screen TV, refrigerator, and microwave. Wake each morning to enjoy a complimentary full hot breakfast on the third floor, and unwind over snacks and drinks at a complimentary evening reception. Plunge into the refreshing indoor swimming pool, or energize with a workout in the modern 24-hour fitness center. Join NOVA for an exceptional meeting experience!

Be sure to say you are attending the Nurses Organization of Veterans Affairs (NOVA) 2017 Annual Meeting and use the group code NUR to receive NOVA’s special rate of $140.00 per night (excluding taxes and fees).

Call the Embassy Suites’ reservation line at 502-813-3800, or CLICK HERE to secure a sleeping room reservation.

The cutoff date for room reservations is April 25, 2017.

Reservation requests made after April 25 will be accepted on a space available basis.
The Embassy Suites Downtown Hotel is about a 15-minute drive from Louisville International Airport.

**Shuttle Service:** The Embassy Suites does not offer shuttle service that runs on a schedule, however, they do offer airport shuttle service on a first-come, first-serve basis. You may call the hotel upon arrival at 502-813-3800 and ask for the valet to inquire about availability.

**Taxi:** Taxi service is available to and from the airport for about $25 one way.

**By Car:** For those who plan to rent a car at the airport and drive to the Embassy Suites:
- Exit the airport and bear right onto Terminal Drive
- Take the ramp for I-65 North toward Indianapolis / Louisville
- At exit 136B, take the ramp right and follow the signs for Brook Street
- Keep straight onto South Brook Street and turn left onto East Muhammad Ali Boulevard
- Turn left onto South Fourth Street and the destination will be on your left

**Parking:** Self-parking is not available, but valet parking is available for $27.00 for the duration of your stay.
NOVA 37TH ANNUAL MEETING
May 17-20, 2017
The Embassy Suites Downtown Hotel in Louisville, Kentucky

FULL NAME

NICKNAME FOR BADGE

SPOUSE/GUEST

NICKNAME FOR BADGE

VA FACILITY

EMAIL ADDRESS

HOME ADDRESS

CITY          STATE          ZIP

DAYTIME PHONE          FAX NUMBER

I am a first-time Annual Meeting attendee: YES NO

☐ NOVA Member Registration $400
☐ Non-Member Registration $500
☐ Spouse/Guest (Non-VA Employee) $215
☐ Daily Member Registration - Thursday $215
☐ Daily Member Registration - Friday $215
☐ Daily Member Registration - Saturday $110
☐ NOVA Nurse Emeritus Registration $215
☐ Non-Licensed Nursing Student $215
☐ Daily Non-Member Registration - Thursday $275
☐ Daily Non-Member Registration - Friday $275
☐ Daily Non-Member Registration - Saturday $140
☐ Optional Churchill Downs Event $125 per ticket x ___tickets

METHOD OF PAYMENT

☐ Check Enclosed (Made Payable to Nurses Organization of Veterans Affairs)

☐ Credit Card  ____VISA  ____MasterCard

Credit Card Number ________________________ Expiration Date __________

Signature _____________________________________________________________

PLEASE MAIL TO:
NURSES ORGANIZATION OF VETERANS AFFAIRS
47595 Watkins Island Square, Sterling, VA 20165

OR FAX TO: 1-703-444-5597

OR CLICK HERE TO REGISTER ONLINE

Cancellations must be in writing. There will be no refunds after 4/15/2017. A $25 processing fee will be charged for cancellations.